

lab notes



**ICP International Lab**

**lab notes Nov/Dec 2017**

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Welcome to the November/December edition of lab notes!

This edition features four things which have interested and inspired us recently from a constructivist point of view. They are all on the theme of construing difference, the challenge of understanding others, and moving beyond our own points of view. Thank you for all your positive feedback so far, and don't forget that we are always pleased hear about your ideas and links for future issues: [info@icp-intlab.org](mailto:info@icp-intlab.org)

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## How long have you been here? (article & video series)



A fascinating and important series of short videos by **Cecile Emeke**, strolling with young black citizens of Europe and America as they talk about their everyday experience.

“The episodes can feel like watching new friends telling you their deepest thoughts, confiding in you their secrets. For those ten to twenty minutes, you are a welcomed observer into a life that may be drastically different from yours—and you can’t look away.”

Article: <https://www.newyorker.com/culture/cultural-comment/watch-strolling-a-powerful-web-series-about-the-african-diaspora>

Videos: <https://www.youtube.com/playlist?list=PLNsSQqK9X04PrPPIwi8NneuOe7uMGqAKI>

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## PCP interviewing for researchers (article & paper)



Our PCP colleague, Nadia Naffi uses PCP interview methods in her work “to turn young Facebook users into advocates for tolerance.”

“In as little as three or four hours, we saw empathy for the refugees emerge, as well as empathy for those who feel differently. In this troubled time, people need to understand where their political tolerance or intolerance is coming from.”

News article: <http://www.concordia.ca/cunews/main/stories/2017/09/27/research-advocacy-for-refugees-nadia-naffi.html>

Nadia’s original full paper: <http://www.pcp-net.org/journal/pctp17/naffi17.pdf>

## Listening across the great divide (article)



“The guiding principle of the project, which brought together Alabama women who voted for Trump with San Francisco Bay Area women who voted for Clinton, is that democracy is stronger when people of opposing views can peacefully discuss their beliefs with one another.”

“At times, women have been offended or shocked by the assertions or questions of others, or put on the defensive. But conversations have progressed, women have stayed at the table, and there have been unexpected instances of alignment or appreciation.”

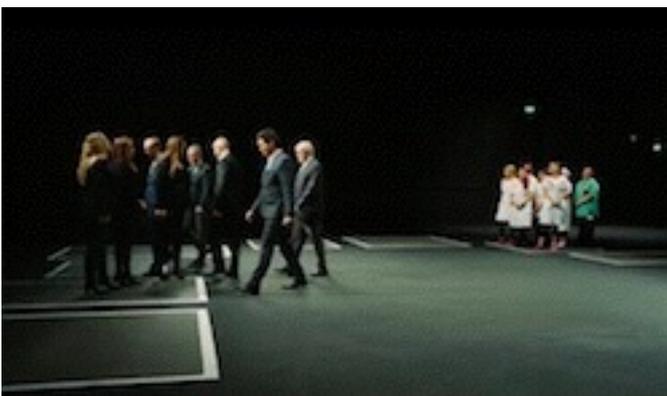
“We all -- both Trump supporters and Clinton supporters -- have been demonized by the media teams of both sides, and many of us have unfortunately come to believe those characterizations. Maybe we wanted to believe them?”

article, with links to personal statements:

[http://www.al.com/news/birmingham/index.ssf/2017/01/we\\_asked\\_25\\_alabama\\_trump\\_vote.html](http://www.al.com/news/birmingham/index.ssf/2017/01/we_asked_25_alabama_trump_vote.html)

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## All that we share (video)



In this short video from Denmark, groups of ‘similar’ people move and re-group in line with different, less visible, characteristics, experiences and interests.

“There’s us and there’s them, those we trust and those we try to avoid”. What hidden things might we have in common beyond apparent differences and everyday assumptions?  
Found by Susan Bridi, thank you Susan!

<https://www.youtube.com/watch?v=jD8tjhVO1Tc&app=desktop>



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At European and International PCP conferences, we often meet colleagues from around the world with a keen interest in PCP, but we know it's not always easy to find opportunities for further development. If we can help you to find contacts or to promote and develop Personal Construct Psychology where you are, please get in touch with us - we would love to hear from you: [info@icp-intlab.org](mailto:info@icp-intlab.org)

**With best wishes from the ICP Lab team:**

Mary Frances, Chiara Lui, Giovanni Stella, Sara Pavanello, Gabriele Bendinelli