

# lab notes



## ICP International Lab

## lab notes April 2017

---

Welcome to our new monthly magazine! Each month we will share a mix of ideas and links which have caught our eye from a constructivist point of view, and which we hope will be useful and inspiring to personal construct practitioners. We will be delighted to hear about your ideas and links for future issues: [icp.intlab@gmail.com](mailto:icp.intlab@gmail.com)

**In this issue:**

1. **Hip hop in the classroom** - alternative ways to teach & learn
2. **Who's afraid of creativity?** - construing creativity in education & organisations
3. **What is personal construing?** - the view from the 10 meter tower
4. **Foucault & power** - why his ideas have relevance now

## Hip-hop in the classroom (video)



**Christopher Emdin** talks about his experiments in using hip hop to engage young people in science, and showcases his innovative ways of constructing teaching & learning

“It’s really about ensuring that teaching and learning practices replicate the creativity and imagination experienced by people who are actually doing scientific work”

“It’s not about lack of ability, it’s about not seeing yourself in the discipline, or believing you can do it - this is a reconnection project”

<http://www.freireproject.org/in-the-classroom-stem-meets-hip-hop/>

---

## Who’s afraid of creativity? (article)



**Jennifer Mueller** considers research on how creativity is viewed in education and at work, and it’s not quite what we think it is.

“Clearly, we are not nearly as receptive to creativity as we like to think we are.”

“To cope with complexity, we strive for simplicity. We want correct answers to the problems we face. But by definition, a “correct” choice can never be a creative one.”

<https://qz.com/929328/most-people-are-secretly-threatened-by-creativity/>

## What is personal construing? (blog + video)



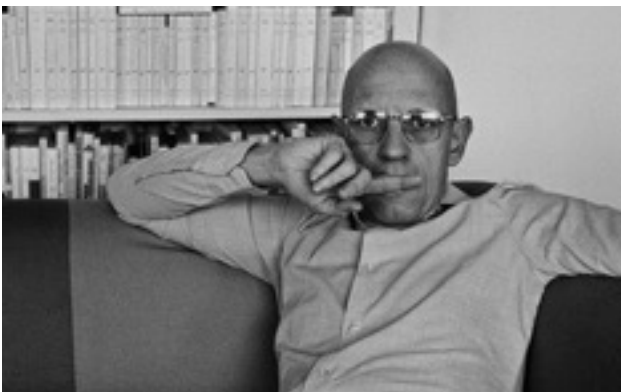
**Mary Frances** discovers a short documentary film which shows us how personal construing is so much more than 'cognition'.

“As each person arrives on the platform, we see the shiver and the tremble, hear the self-talk, the breathing and the knuckle-cracking. We are witnessing the physical, emotional, cognitive, imaginative, instinctive, gut-flipping moment.”

<https://www.nytimes.com/video/opinion/100000004882589/ten-meter-tower.html>

---

## Foucault and power (article)



**Colin Koopman** writes about why he believes that Foucault's work on power matters now 'more than ever'.

“Those who fear freedom's unpredictability find Foucault too risky. But those who are unwilling to decide today what might begin to count as freedom tomorrow find Foucault, at least with respect to our philosophical perspectives, freeing.”

<https://aeon.co/essays/why-foucaults-work-on-power-is-more-important-than-ever>



Visit our website for news and information:

<https://www.icp-intlab.org/>

Check out our latest course:

**PCP for Coaching & Consulting**

<https://www.icp-intlab.org/courses/personal-construct-psychology-coaching-consulting/>

**We would love you to join us in September in Italy!**

With best wishes from the ICP Lab team:

Mary Frances, Chiara Lui, Giovanni Stella, Sara Pavanello, Gabriele Bendenelli